

Class Level Requirements & Dress Code

A parent-friendly guide to class ages, level placement, readiness, and attire expectations.

Published Class Age Minimums

Class	Published age	Parent-facing guidance
Little Twirlers	18 months-3 years	Introductory movement using music, shapes, props, games, and early jazz/tap ideas. Best for very young dancers building comfort, rhythm, listening, and classroom readiness.
Ballet	4 years and up	Recommended foundation class for dancers who want strong technique, posture, alignment, coordination, and long-term progression.
Tap	4 years and up	Open to beginners at entry levels. Dancers progress through rhythm, timing, sound clarity, and combination memory.
Jazz	4 years and up	Open to beginners at entry levels. Ballet is strongly recommended as dancers advance because jazz relies on posture, alignment, turns, jumps, and flexibility.
Acrobatics	4 years and up	Placement should be safety-based. Dancers progress through strength, flexibility, control, and instructor-approved skills.
Hip Hop	6 years and up	Good for dancers ready for rhythm, musicality, coordination, performance energy, and age-appropriate choreography.
Contemporary / Lyrical	8 years and up	Best for dancers with ballet and/or jazz foundation. Focuses on expressive movement, dynamics, transitions, control, and emotional performance.
Stretching & Toning	8 years and up	Supplemental class for strength, stamina, flexibility, injury prevention, and technical support across styles.

Recommended Level Guide

Early classes are mostly age-based. As dancers get older, placement becomes more skill-based and teacher-recommended.

Recommended level	Typical age	Best-fit classes	Readiness markers
Early Intro	18 months-3	Little Twirlers	Can participate with gentle guidance, follow simple movement prompts, and enjoy music/props in a group setting.
Primary	4-6	Ballet, Tap, Jazz, Acrobatics	Ready for short instructions, basic classroom structure, simple rhythm, coordination, and creative movement.
Junior Beginner	7-10	Ballet, Tap, Jazz, Hip Hop, Acrobatics	Can retain short combinations, work across the floor, and take corrections with support.
Junior / Intermediate	8-12	Ballet, Tap, Jazz, Hip Hop, Contemporary/Lyrical, Acrobatics, Stretching & Toning	Ready for longer combinations, clean transitions, increased technique, strength building, and expressive performance.
Teen Beginner	11+	Beginner or mixed-level Ballet, Jazz, Tap, Hip Hop, Conditioning	For older new dancers. Placement should protect confidence while building fundamentals quickly.
Intermediate / Advanced	11+	Teacher-placed levels across Ballet, Jazz, Tap, Contemporary/Lyrical, Acro, Company Prep	Requires consistent attendance, strong class etiquette, technique retention, body control, and teacher recommendation.

Class Dress Code

Dancers should come prepared in attire that allows safe movement, teacher visibility of alignment, and full participation.

Class	Shoes	Clothing and hair
Little Twirlers	Pink ballet shoes	Comfortable dancewear that allows movement. Hair secured away from the face; bun recommended.
Ballet	Pink ballet shoes	Any color leotard with tights or fitted dancewear. Hair must be secured neatly in a bun.
Jazz	Jazz shoes, half-sole dance shoes, or barefoot	Fitted dancewear or activewear that allows safe movement and teacher visibility of alignment. Hair secured; bun recommended.
Tap	Black tap shoes	Fitted dancewear or activewear that allows movement. Hair secured; bun recommended.
Hip Hop	Any color sneakers. No street shoes.	Baggy clothes or activewear that allows full range of motion. Hair secured; bun recommended.
Contemporary / Lyrical	Socks or barefoot	Pants recommended, or any activewear that allows full range of movement. Hair secured; bun recommended.
Stretching & Toning	Barefoot	Any dance outfit is okay as long as alignment can be seen. Hair may be worn in any style.
Acrobatics	Barefoot	Fitted clothing with no loose items. Hair secured tightly for safety; bun recommended.

Placement and attire expectations may be adjusted at the instructor's discretion to support dancer safety, confidence, and appropriate progression.