

CLASS LEVEL REQUIREMENTS

ACRO

LEVEL 1

***NO EXPERIENCE REQUIRED**

BACKWARD ROLL
BRIDGE FROM FLOOR
CARTWHEEL
FORWARD ROLL

LEVEL 2

ALL LEVEL 1 SKILLS
BACK BEND
FRONT LIMBER
HANDSTAND
ONE HANDED CARTWHEEL

LEVEL 3

ALL LEVEL 2 SKILLS
BACK WALKOVER
ELBOW STAND
FRONT WALKOVER
ROUND OFF REBOUND

LEVEL 4

ALL LEVEL 3 SKILLS
BACK HANDSPRING
FRONT HANDSPRING
SIDE ARIEL
VALDEZ

BALLET

LEVEL 1

***NO EXPERIENCE REQUIRED**

5 BASIC BALLET POSITIONS
PLIE
RELEVE
TENDUE & DEGAGE

LEVEL 2

ALL LEVEL 1 SKILLS
BATTEMENT
ECHAPPE (JUMPING FROM FIRST TO SECOND)
PAS DE BOURRE
SINGLE PIQUE TURN

LEVEL 3

ALL LEVEL 2 SKILLS
ARABESQUE HOLD
DEVELOPE
DOUBLE PIROUETTE (NO HOPPING)
GRANDE JETE (NO BENT LEGS)

LEVEL 4

ALL LEVEL 3 SKILLS
ALL DEVELOPE POSITIONS (NO BENT LEGS)
ARABESQUE TO PONCE
SINGLE PIROUETTE INTO 4 FUETTES (NO HOPS)
TOUR JETE

POINTE

TEACHER RECOMMENDATION ONLY

***DOES NOT REPRESENT ALL SKILLS TO BE LEARNED**

CLASS LEVEL REQUIREMENTS

CONTEMPORARY

LEVEL 1

***NO EXPERIENCE REQUIRED**

BALANCE & CONTROL
BASIC WEIGHT SHIFTS
CONTRACT & RELEASE
SIMPLE FLOORWORK

LEVEL 2

ALL LEVEL 1 SKILLS
DOUBLE COUPE TURN (NO HOPPING)
FIREBIRD JUMP (NO BENT LEGS)
FULL LEG STRETCH
INTERMEDIATE FLOOR WORK

LEVEL 3

ALL LEVEL 2 SKILLS
DETAILED STORYTELLING
DOUBLE PIROUETTE INTO 3 PUMPS (NO HOPS)
COMPLEX FLOOR WORK
LEG TILT (WITHOUT ARM ASSISTANCE)

HIP HOP

LEVEL 1

***NO EXPERIENCE REQUIRED**

BASIC FREESYLE
BASIC ISOLATIONS
BASIC RHYTHM
SIMPLE TRANSITIONS

LEVEL 2

ALL LEVEL 1 SKILLS
CONTROLLED MOVEMENT
INTERMEDIATE FOOTWORK
PROFICIENT TRANSITIONS
TEMPO CHANGE ADAPTATION

LEVEL 3

ALL LEVEL 2 SKILLS
ADVANCED FREESYLE SKILLS
ADVANCED TRANSITIONS
FAST PACED CHOREOGRAPHY EXECUTION
STRONG PERFORMANCE QUALITY

***DOES NOT REPRESENT ALL SKILLS TO BE LEARNED**

CLASS LEVEL REQUIREMENTS

JAZZ & MUSICAL THEATRE

LEVEL 1

***NO EXPERIENCE REQUIRED**

CHASSE
FRONT BATTEMENT
PIVOT TURN
RIGHT OR LEFT SPLIT

LEVEL 2

ALL LEVEL 1 SKILLS
DOUBLE PIROUETTE (NO HOPPING)
LEG STRETCH
SPLIT LEAP
STAG JUMP

LEVEL 3

ALL LEVEL 2 SKILLS
FULL LEG TILT HOLD (NO ARMS)
JUMP IN SECOND (NO BENT LEGS)
SWITCH ARABESQUE JUMP (NO BENT LEGS)
TRIPLE PIROUETTE (NO HOPPING)

TAP

LEVEL 1

***NO EXPERIENCE REQUIRED**

BALL CHANGE
FLAP
HEEL DIG
SHUFFLE

LEVEL 2

ALL LEVEL 1 SKILLS
CRAMP ROLL
DRAW BACK
MAXI FORD
SHUFFLE BALL CHANGE

LEVEL 3

ALL LEVEL 2 SKILLS
CRAMP ROLL TURN
FIVE & SIX COUNT RIFT
SINGLE & DOUBLE TIME STEP
PICK UP

***DOES NOT REPRESENT ALL SKILLS TO BE LEARNED**